Mentor-Approved Resources

Alberta

Provincial Peer Support Report - CMHA Calgary Region

British Columbia

Peer Support Resource Manual - British Columbia Ministry of Health, Adult Mental Health Policy Division

Reenergizing Wellness: A Resource for Peer-Led Wellness Programs in Indigenous Communities – CMHA North and West Vancouver

Ontario

5 Things to Know About Peer Support - Self Help & Peer Support, CMHA Waterloo Wellington

A Reflective Practice Tool For Mental Health and Addiction Agencies That Employ Peer Staff - Self Help, CMHA Waterloo Wellington

Ontario Peer Development Initiative (OPDI)

OPDI Webinars

OPDI Resources

Supervising Peer Staff Roles: Literature Review and Focus Group Results - Centre for Excellence in Peer Support, CMHA Waterloo Wellington

Supervising Peer Workers: A Toolkit for Implementing and Supporting Successful Peer Staff Roles in Mainstream Mental Health and Substance Use/Addiction Organizations - Centre for Excellence in Peer Support, CMHA Waterloo Wellington

National

Engaging Caregivers in Mental Health and Addiction Services in Canada: Promising Practices Guide – Mental Health Commission of Canada (MHCC)

International

International Peer Leadership Network – Habitus

Peer Specialists are not Clinicians – Patricia Deegan LinkedIn

If you have a resource that you wish to be included in this list, please email us at info@peersupportcanada.ca for review. We thank you for your contributions.